

RAFT Meeting Outline

1. Sign-in (5-10 minutes)
 - A. If new, complete profile, group rules and burnout scale
2. Introductions (5-10 minutes)
 - A. Name
 - B. Department
 - C. Current Stress Scale (1-5)
 - D. How many cases or issues do you need to unload today?
3. Begin expressing issues of concern (30 minutes)
4. Provide emotional support, peer support, listening for understanding
5. Training/Practical Learning (last 10 minutes)